COURSE BROCHURE

Adolescent Psychology & Development - Independent Study Support

Diploma, Vocational & Skills / Child Psychology & Development

One-time full-course fee

INR 1,999

Access

12 months course access

Study plan

12 suggested study hours; 12 months access

Learning format

6 self-paced written English lessons with original fictional cases, applied exercises, explained answers and a self-assessed capstone. Optional automated Course Tutor assistance is available in the protected LMS. Readings are AI-authored with AI editorial and source checks; independent human academic review is not included.

Programme overview

Understand puberty in context, changing cognitive demands, identity and autonomy, peer belonging, study habits and digital wellbeing through six original written lessons and a fictional-case capstone. 6 self-paced written English lessons with original fictional cases, applied exercises, explained answers and a self-assessed capstone. Optional automated Course Tutor assistance is available in the protected LMS. Readings are AI-authored with AI editorial and source checks; independent human academic review is not included. For adult learners aged 18 or over. Independent ZELVU educational study support only. No university degree, university credit, recognised professional qualification, clinical or special-educator licence, diagnosis, therapy, supervised placement or research ethics approval is included. Live human teaching, individual marking, a recorded lecture series, external textbook licences and proprietary assessment instruments are not included. All course exercises use supplied fictional cases; no real-child observation, testing or data collection is required or authorised. The same learning material is included in Child & Adolescent Psychology - MA Study Support (Non-degree). Choose this

specialist course or the combined programme; separate specialist purchases are unnecessary if you buy the combined programme. The combined purchase does not grant separate specialist course entitlements. Existing related courses are sold separately.

Who this is for

1. Adult learners with basic English reading skills; no previous clinical training is required. Use only supplied fictional cases and data for the exercises.
2. Adults only. Use the supplied fictional cases and data; do not submit identifiable information about children.

Published topics and learning focus

1. Puberty, Developmental Timing & Social Context
2. Executive Functions, Decisions & Learning Demands
3. Identity Exploration, Autonomy & Respectful Dialogue
4. Peers, Belonging, Pressure & School Climate
5. Sleep, Study Planning & Self-Regulated Learning
6. Digital Wellbeing: Integrated Adolescent Case Capstone

Before you choose

1. These are published programme highlights, not certification of complete syllabus coverage. Review the available reading index and programme trial before enrolling.
2. ZELVU provides learning support. It does not award the underlying degree, professional registration or an examination result.
3. Current checkout terms and refund policy apply. Payment and access require successful provider verification.

Take the next step

Explore the programme trial

View current details, scope and terms

Ask ZELVU about this programme

Save this brochure for reference. Details can change: confirm the current programme page and checkout before making a purchase.