

COURSE BROCHURE

Modelling Foundations & Runway Practice

Diploma, Vocational & Skills / Modelling & Presentation

One-time full-course fee

INR 2,999

Access

12 months course access

Study plan

6-week suggested study plan · 12 months access

Learning format

Self-paced written LMS lessons, private practice, self-check questions with explained answers, and a self-assessed capstone. Suggested study plan: two lessons each week for six weeks, with twelve months of access. Practice recordings are optional and can remain private; written or seated alternatives are included.

Programme overview

An original introductory written course for adults covering modelling formats, brief interpretation, body-neutral presentation, calm stance, comfortable pacing, simple transitions, cue rehearsal, backstage communication, boundaries and agency/media literacy. All scenarios and assessment examples are fictional. Self-paced written LMS lessons, private practice, self-check questions with explained answers, and a self-assessed capstone. Suggested study plan: two lessons each week for six weeks, with twelve months of access. Practice recordings are optional and can remain private; written or seated alternatives are included. No recorded lecture promise, live faculty or individual feedback promise, practical competence certification, physical institute attendance, agency representation, casting access, placement, professional portfolio shoot, pageant success, income guarantee, health or diet advice. Completion of written learning is not evidence of professional runway competence. This is a beginner foundation combining introductory industry literacy and simple runway rehearsal. It introduces, but does not replace, specialist training in photographic posing, portfolio production, pageant interviews, fashion styling or acting/self-tapes.

Who this is for

- 1 Adults aged 18 or above
- 2 No previous modelling experience required
- 3 No prescribed body size, weight, height, gender presentation or appearance
- 4 Access to the written LMS; paper or a notes app is sufficient
- 5 Movement practice is optional; seated, upper-body and written planning alternatives are available

Published topics and learning focus

- 1 Modelling formats
- 2 Brief interpretation
- 3 Body-neutral presentation
- 4 Calm stance
- 5 Walk pacing
- 6 Transitions and turns
- 7 Cue and music rehearsal
- 8 Backstage etiquette
- 9 Boundaries
- 10 Agency and media literacy
- 11 Private practice review
- 12 Self-assessed capstone

Before you choose

- 1 These are published programme highlights, not certification of complete syllabus coverage. Review the available reading index and programme trial before enrolling.
- 2 ZELVU provides learning support. It does not award the underlying degree, professional registration or an examination result.

- 3** Current checkout terms and refund policy apply. Payment and access require successful provider verification.

Take the next step

[Explore the programme trial](#)

[View current details, scope and terms](#)

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