

COURSE BROCHURE

Occupational Health, Hygiene & Ergonomics - Awareness

Diploma, Vocational & Skills / Vocational Skills - Safety Management

One-time full-course fee

INR 1,499

Access

12 months course access

Study plan

9 self-paced reading workshops · 12 months access

Learning format

9 self-paced written workshops, answered self-checks and final case assignment

Programme overview

Prepare an exposure and work-design review for competent professional follow-up. 9 written workshops with worked cases, worksheets, answered self-checks and a final assignment. Online theory only; no recognised safety qualification or practical certification. Independent online knowledge and planning course. No statutory safety-officer qualification, diploma, NEBOSH/IOSH/OSHA accreditation, ISO certification, operator licence or practical competence assessment. No live classes, human marking, practical drills or full-course videos. Hazardous work requires task-specific competent training and employer authorisation. The comprehensive Safety Management course includes all 24 topic workshops used by the focused courses. Focused courses reuse the listed workshops and add their own final case assignment. Compare the reading index; buying both may duplicate material.

Who this is for

- 1 For adults aged 18+ seeking introductory safety-management knowledge; basic English reading is needed.
- 2 All exercises are fictional desktop tasks. Do not perform hazardous work, site entry, equipment testing or emergency drills from these notes.
- 3 Independent online knowledge and planning course. No statutory safety-officer qualification, diploma, NEBOSH/IOSH/OSHA accreditation, ISO certification, operator licence or practical competence assessment. No live classes, human marking, practical drills or full-course videos. Hazardous work requires task-specific competent training and employer authorisation.

- 4 The comprehensive Safety Management course includes all 24 topic workshops used by the focused courses. Focused courses reuse the listed workshops and add their own final case assignment. Compare the reading index; buying both may duplicate material.

Published topics and learning focus

- 1 Safety roles, competence and a working management system
- 2 Hazard identification and a defensible risk assessment
- 3 Chemical hazard communication, SDS and exposure pathways
- 4 Occupational hygiene, exposure and health surveillance boundaries
- 5 Manual handling, ergonomics, fatigue and psychosocial risks
- 6 Choose controls using the hierarchy of prevention
- 7 Workplace inspections and evidence-based findings
- 8 Corrective actions, verification and useful safety indicators
- 9 Final case assignment and explained self-assessment

Before you choose

- 1 These are published programme highlights, not certification of complete syllabus coverage. Review the available reading index and programme trial before enrolling.
- 2 ZELVU provides learning support. It does not award the underlying degree, professional registration or an examination result.
- 3 Current checkout terms and refund policy apply. Payment and access require successful provider verification.

Take the next step

[Explore the programme trial](#)

[View current details, scope and terms](#)

Ask ZELVU about this programme

Save this brochure for reference. Details can change: confirm the current programme page and checkout before making a purchase.