COURSE BROCHURE

Yoga Philosophy, Meditation & Vedic Wisdom

Indian Knowledge & Traditional Studies / Traditional Wellness & Yoga Philosophy

One-time full-course fee
INR 1,499

Access
12 months course access

Study plan
Foundation programme

Learning format
Self-paced LMS reading, Course Tutor support and practice

Programme overview

A text-centred course in yoga history, ethics, classical frameworks, meditation literacy and safe practice.

Who this is for

1. Adult learners studying Indian knowledge traditions for cultural, academic or reflective purposes

Published topics and learning focus

1. Original structured reading material
2. Topic-wise practice and revision
3. Full-screen visual board with live captions
4. OpenAI-powered Course Tutor

Before you choose

1. These are published programme highlights, not certification of complete syllabus coverage. Review the available reading index and programme trial before enrolling.
2. ZELVU provides learning support. It does not award the underlying degree, professional registration or an examination result.

3 Current checkout terms and refund policy apply. Payment and access require successful provider verification.

Take the next step

Explore the programme trial

View current details, scope and terms

Ask ZELVU about this programme

Save this brochure for reference. Details can change: confirm the current programme page and checkout before making a purchase.