

DISCOVERY GUIDE

Decision-Making, Boundaries & Personal Safety

Lifestyle & Life Skills / Practical & Digital Life Skills

No standalone pathway purchase · Recommended package fee · not a standalone pathway fee

INR 9,999

Access

6 weeks package access

Study plan

Short scenario practice · use before important decisions

Learning format

Public discovery guide; package delivery and inclusions must be checked separately

Programme overview

Improve pause-and-check decision habits, consent and boundaries, consequence thinking, trusted-support plans and recognition of pressure or manipulation.

Who this is for

- 1 Teens with guardian support, young adults, adults, families and seniors who want clearer choices, stronger boundaries, scam/manipulation awareness and safer help-seeking habits.

Published topics and learning focus

- 1 Pause before a pressured decision
- 2 List options and likely consequences
- 3 Practise a clear no or boundary sentence
- 4 Identify one trusted person or support route
- 5 Notice urgency, secrecy or isolation tactics used to pressure you

Related package

A related starting package; it does not automatically include this complete pathway. Confirm additional scope and fees.

Confidence + Communication Transformation

Before you choose

- 1 This is general educational safety guidance, not emergency, legal or professional safeguarding advice. Immediate danger requires local emergency or qualified support.
- 2 This is a discovery pathway, not a standalone paid course or a promise of free tuition. Confirm any separate scope, fee and access in writing.
- 3 Published learning topics describe the intended focus, not guaranteed personal, career or business results.

Take the next step

Enrol in Confidence + Communication Transformation

View current details, scope and terms

Ask ZELVU about this programme

Save this brochure for reference. Details can change: confirm the current programme page and checkout before making a purchase.