

DISCOVERY GUIDE

Discipline, Habits & Productivity

Lifestyle & Life Skills / Personal Growth, Habits & Resilience

<div>No standalone pathway purchase · Included in the package below · regular full-package fee</div> <div>INR 7,999</div>	<div>Access</div> <div>4 weeks package access</div>
<div>Study plan</div> <div>Small daily action · weekly review</div>	<div>Learning format</div> <div>Public discovery guide; package delivery and inclusions must be checked separately</div>

Programme overview

Turn goals into routines through planning, accountability and measurable execution.

Who this is for

- 1
- Students, adults and seniors who want more consistent routines, focus and follow-through.

Published topics and learning focus

- 1
- Choose one keystone habit
- 2
- Design a small minimum action
- 3
- Plan the week in advance
- 4
- Remove one friction point
- 5
- Review evidence weekly

Related package

This topic is explicitly included in this package. The package fee covers all its tracks, not only this topic.

Discipline, Productivity & Life Reset

Before you choose

- 1 This is a discovery pathway, not a standalone paid course or a promise of free tuition. Confirm any separate scope, fee and access in writing.
- 2 Published learning topics describe the intended focus, not guaranteed personal, career or business results.

Take the next step

Enrol in Discipline, Productivity & Life Reset

View current details, scope and terms

Ask ZELVU about this programme

Save this brochure for reference. Details can change: confirm the current programme page and checkout before making a purchase.