

DISCOVERY GUIDE

Social Connection, Friendship & Community

Lifestyle & Life Skills / Relationships, Family & Social Connection

<div>No standalone pathway purchase · Recommended package fee · not a standalone pathway fee</div> <div>INR 9,999</div>	<div>Access</div> <div>6 weeks package access</div>
<div>Study plan</div> <div>One small connection action most days · weekly reflection</div>	<div>Learning format</div> <div>Public discovery guide; package delivery and inclusions must be checked separately</div>

Programme overview

Build practical habits for reaching out, maintaining relationships, joining groups, listening well and contributing to community without manipulative social tactics.

Who this is for

- 1
- Teens with guardian support, adults, people in midlife and seniors who want healthier friendships, stronger social confidence and more meaningful community participation.

Published topics and learning focus

- 1
- Send one genuine check-in
- 2
- Invite someone to a simple shared activity
- 3
- Practise listening without immediately advising
- 4
- Join or revisit one group or community activity
- 5
- Follow up after a useful conversation

Related package

A related starting package; it does not automatically include this complete pathway. Confirm additional scope and fees.

Confidence + Communication Transformation

Before you choose

- 1 This is a discovery pathway, not a standalone paid course or a promise of free tuition. Confirm any separate scope, fee and access in writing.
- 2 Published learning topics describe the intended focus, not guaranteed personal, career or business results.

Take the next step

Enrol in Confidence + Communication Transformation

View current details, scope and terms

Ask ZELVU about this programme

Save this brochure for reference. Details can change: confirm the current programme page and checkout before making a purchase.